

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 9:45 AM Worship Service (H) 2:00 PM Afternoon Movie (TH) Resident Choice	2 Labor Day 9 am Exercise (H) 10 am Coffee & Prayer (H) 11 am Strengthening (H) 1 pm Life Goes On (H) 2:30 pm Popcorn Party (L)	3 9 am Exercise (H) 9:30 Shopping - Arvada Sq 11 am Yoga/Stretching (H) 1:30 Manicures w. Leah (D) 2:00 Knit and Crochet (D) 3:30 Activity Planning group (D)	4 9 am Exercise (H) 9:30 Shopping - Wads Loop 10 am Communion (H) 10:30 Wii Bowling (FH) 1:15 Watercolor Painting (D) 1:30 Shopping - Wads Loop 3 pm Crossword Puzzle (D) 6:30 Bingo (DR)	5 Be Late for Something Day 9 am Exercise (H) 10:00 Who, What, When? (TH) 10 am Men's Group w/Jim (FH) 11 am Yoga/Stretching (H) 1 pm Bible Study (H) 2 pm Art Galore - Fall Craft (D) 3:30 Mex. Train Dominoes (D)	6 Read a Book Day 9 am Dance Exercise (H) 10 am Gardening 11 Strengthening (H) 2 pm Bingo (DR) 3:15 Happy Hour (L) 6 pm Evening Movie (TH) "Happy Feet"	7 9:30 Coffee & Chat (FH) 10:30 am Mexican Train Dominoes (D) 11 AM Exercise (H) 2 pm Travelogue - Mexico City 3:30 Wii Bowling (TH)	
8 9:45 AM Worship Service (H)  2:05 Broncos VS Seahawks (TH) National Assisted Living Week Sept 8th - 14th Grandparents Day	9 Sports Day 9 am Exercise (H) 10 am Coffee & Prayer (H) 11 am Strengthening (H) 1 pm Menu Chat (D) 2:00 Pictionary (TH) 3:30 Wipeout Card Game (D)	10 Funky Hair Do Day 9 am Exercise (H) 9:30 Shopping - Arvada Sq. 11 am Yoga/Stretching (H) 12:15 Bookmobile (H) 1:30 Dollar Tree Shopping 2 pm Handprint Craft (D) 3:30 Knit and Crochet (D)	11 Patriotic Day 9 am Exercise (H) 9:30 Shopping - Wads Loop 10 am Communion (H) 10:30 Wii Bowling (FH) 1:15 Watercolor Painting (D) 1:30 Yogurt land Outing 2 pm Afternoon Spa (D) 6:30 Bingo (DR)	12 Western Day 9 am Exercise (H) 10:00 Who, What, When? (TH) 11:30 Resident, Resident Family & Staff - BBQ Pavilion 2:30 Balloon Pop w/Prizes and Snow Cones (L)	13 Mustache Day 9 am Exercise (H) 10 am Gardening 11 Strengthening (H) 2 pm Bingo - Resident, families and staff (DR) 3:15 Happy Hour Music with TRIO (L) 6 pm Evening Movie (TH) "The King and I"	14 9:30 Coffee & Chat (FH) 11 AM Exercise (H) 2 pm Tables Games - your Choice 3:30 Wii Bowling (TH)	
15 9:45 AM Worship Service (H) 2:25 pm Bronco's Vs Stealers (TH) 	16 Collect a Rock Day 9 am Exercise (H) 10 am Coffee & Prayer (H) 11 am Strengthening (H) 12/Noon Meal w/ Mike (H) 2 pm Jeopardy (TH) 3:30 Wipeout Card Game (D)	17 9 am Exercise (H) 9:30 Shopping - Arvada Sq. 11 am Yoga/Stretching (H) 1:30 Manicures w. Leah (D) 2 pm Knit and Crochet (D) 3 pm Edee Gail on Guitar (L)	18 9 am Exercise (H) 9:30 Shopping - Wads Loop 10 am Communion (H) 10:30 Wii Bowling (FH) 1:15 Watercolor Painting (D) 2 pm AL Resident Council (H) 3 pm IL Resident Council (H) 6:30 Bingo (DR)	19 9 am Exercise (H) 10 am Men's Group w/Jim (FH) 10:00 Who, What, When? (TH) 11 am Yoga/Stretching (H) 1 pm Bible Study (H) 1:30 Fall Scenic Ride 2:30 Mex. Train Dominoes (D)	20 9 am Dance Exercise (H) 10 am Foot Care Education (H) 11 Strengthening (H) 2 pm Bingo (DR) 3:15 Happy Hour (L) 6 pm Evening Movie (TH) "Taking the Reins"-Hallmark	21 9 am to 2 pm Resident Craft Fair 2:30 Crossword Puzzle (D) 3:30 Wii Bowling (TH) Oktoberfest Begins	
22 Autumn Begins 9:45 AM Worship Service (H) Communion 11 am Broncos Vs Buccaneers (TH) 2:00 PM Afternoon Movie (TH) Resident Choice	23 9 am Exercise (H) 10 am Greif Group (H) 11 am Strengthening (H) 1:00 Life Goes On (H) 2:00 Larry on the Piano (L) 3:30 Wipeout Card Game (D)	24 9 am Exercise Education (H) 9:30 Shopping - Arvada Sq. 10:15 Read Out Loud (H) 11 am Yoga/Stretching (H) 12:15 Bookmobile (H) 2 pm Knit and Crochet (D) 3:30 Jeopardy (TH)	25 9 am Exercise (H) 9:30 Shopping - Wads Loop 10 am Communion (H) 10:30 Wii Bowling (FH) 3:00 PM Crossword Puzzle (D) 6:30 Bingo (DR)	26 9 am Exercise (H) 10:00 Who, What, When? (TH) 11 am Yoga/Stretching (H) 11:30 Men's Lunch w/ Kevin (FH) 1 pm Bible Study (H) 1 pm Wellness Clinic w/ CVNA (FH) 2:30 Art Galore - License plates (D) 3:30 Mex. Train Dominoes (D)	27 9 am Exercise (H) 10 am Gardening 11 Strengthening (H) 2 pm Bingo (DR) 3:15 Happy Hour (L) 6 pm Evening Movie (TH) "Annie Get Your Gun"	28 9:30 Coffee & Chat (FH) 10:30 am Mexican Train Dominoes (D) 11 AM Exercise (H) 11:30 Lunch outing - Tea Garden 2 pm Bingo (DR) 3:30 Wii Bowling (TH)	
29 9:45 AM Worship Service (H) 11 am Bronco's Vs NY Jets (TH)  2:00 PM Afternoon Movie (TH) Resident Choice	30 9 am Exercise (H) 10 am Coffee & Prayer (H) 11 am Strengthening (H) 1 pm Life Goes On (H) 2 pm Pictionary (TH) 3:30 Wipeout Card Game (D)	<h1>September 2024</h1>					