















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 9 am Exercise (H) 9:30 Shopping - Arvada SQ. 10:15 Read Out Loud (H) 11 am Yoga/Stretching (H) 1:30 Manicures w. Leah (D) 2 pm Knit and Crochet (H) 3:30 Banana-grams (FH)	<b>2</b> 9 am Exercise (H) 10 am Communion (H) 10:30 Wii Bowling (FH) 1:15 Watercolor Painting (D) 1:30 Shopping- Wads Loop 3 PM Crossword Puzzle (D) 6:30 Bingo (DR) Rosh Hashanah Begins	<b>3</b> 9 am Exercise (H) 10 am Who, What, When? (TH) 10 am Men's Group w/Jim (D) 11 am Yoga/Stretching (H) 1 pm Bible Study (H) 2 pm Art Galore - License Plates (D) 3:30 pm Mexican Train Dominoes (D)	<b>4</b> <b>World Smile Day</b> <b>9 am Dance exercise (H)</b> 10 am Word of the Day (D) 11 am Strengthening (H) 2 pm Bingo (DR) 3:15 pm Happy Hour (L) 6 pm Evening Movie (TH) The Dancing Detective	<b>5</b> 9:30 Coffee & Chat (D)  10:30 am Mexican Train Dominoes (D) 11 AM Exercise (HH) 2 pm Travelogue - Going Batty in Borneo (FH) 3:30 Wii Bowling (TH)
<b>6</b>  9:45 AM Worship Service (H) 2:05 pm Broncos vs. Raiders (TH) 	<b>7</b> <b>Nat'l Forgiveness Day</b> 9 am Exercise (H) 10 am Coffee & Prayer (H) 11 am Strengthening (H) 1 pm Theology (H) 2 pm Pictionary (TH) 3:30 Wipeout Card Game (D)	<b>8</b>  9:30 Shopping - Arvada SQ. 11 am Yoga/Stretching (H) 12:15 Bookmobile (H) 2 pm Knit and Crochet (D) <b>3:30 Jeopardy (TH)</b>	<b>9</b> 9 am Exercise (H) 9:30 Shopping - Wads Loop 10 am Communion (H) 10:30 Wii Bowling (FH) 1:15 Watercolor Painting (D) 1:30 Shopping - Wads Loop 3 pm Crossword Puzzle (D) 6:30 Bingo (DR)	<b>10</b> 9 am Exercise (H) 10 am Who, What, When? (TH) 11 am Yoga/Stretching (H) 11:30 Men's luncheon (F) 1 pm Bible Study (H) 1:30 Pumpkin Patch outing <b>2 pm Music w/ Aaron (L)</b> 3:30 pm Mexican Train Dominoes (D)	<b>11</b> 9 am Exercise (H) 10 am Cranium Crunch Puzzle 11am Strengthening (H) 2 pm Bingo (DR) 3:15 pm Happy Hour (L) 6 pm Evening Movie (TH) Cabaret - Liza Minnelli Yom Kippur Begins	<b>12</b> 9:30 Coffee & Chat (D)  10:30 am Banana-grams (D) 11 AM Exercise (HH) 2 pm Pumpkin Painting (D) 3:30 Wii Bowling (TH)
<b>13</b>  9:45 AM Worship Service (H) 2:05 pm Broncos Vs. Chargers (TH) 	<b>14</b> <b>Columbus Day</b> <b>Indigenous People Day</b> 9 am Exercise (H) 10 am Coffee & Prayer (H) 11 am Strengthening (H) 1 pm Menu Chat w. Wade (D) 2 pm Words w. words/ Mike 3:30 Wipeout Card Game (D)	<b>15</b> 9 am Exercise (H) 9:30 Shopping - Arvada SQ. 11 am Yoga/Stretching (H) 1 pm Wellness Clinic w/CVNA (F) 1:30 Manicures w. Leah (D) 2 pm Knit and Crochet (H) 3:30 Star of the Month Groucho Marx (TH)	<b>16</b> <b>Bosses Day</b> 9 am Exercise (H) 10 am Communion (H) 10:30 Wii Bowling (FH) 1:15 Watercolor Painting (D) 1:30 Shopping- Wads Loop <b>2 pm AL Resident Council (H)</b> <b>3 pm IL Resident Council (H)</b> 6:30 Bingo (DR)	<b>17</b> 9 am Exercise (H) 10 am Who, What, When? (TH) 10 am Men's Group w/Jim (D) 11 am Yoga/Stretching (H) 1 pm Bible Study (H) <b>2 pm Ballot Issues Presentation (H)</b> 6:15 Broncos vs. Saints (TH)	<b>18</b> <b>9 am Dance exercise (H)</b> 10 am Word of the Day 11 am Strengthening (H) 2 pm Bingo (DR) 3:15 pm Happy Hour (L) 6 pm Evening Movie (TH) Oklahoma - Musical	<b>19</b> 9:30 Coffee & Chat (D)  10:30 am Mexican Train Dominoes (D) 11 AM Exercise (HH) 11:30 Lunch outing - Corona's Mexican Grill 2 pm Crossword Puzzle (D) 3:30 Wii Bowling (TH)
<b>20</b>  9:45 AM Worship Service (H) 2:00 PM Afternoon Movie (TH) Resident Choice	<b>21</b> <b>Count your buttons Day</b> 9 am Exercise (H) 10 am Coffee & Prayer (H) 11 am Strengthening (H) 1 pm Theology (H) 12/noon Lunch w/ Mike (H) 2 pm Dollar Tree Shopping <b>2 pm Guitar w. Josh (L)</b> 3:30 Wipeout Card Game (D)	<b>22</b> 9 am Exercise (H) 9:30 Shopping - Arvada Sq. 10:15 am Read Out Loud (H) 11 am Strengthening (H) 12:15 Bookmobile (H) 2:00 Knit and Crochet (D) <b>3:30 Bloom Healthcare Informational program (H)</b>	<b>23</b> 9 am Exercise (H) 9:30 Shopping - Wads Loop 10 am Communion (H) 10:30 Wii Bowling (FH) 1:15 Watercolor Painting (D) 3 PM Crossword Puzzle (D) 6:30 Bingo (DR)	<b>24</b> <b>United Nations Day</b> 9 am Exercise (H) 10 am Who, What, When? (TH) 11 am Yoga/Stretching (H) 1 pm Bible Study (H) 3:30 pm Mexican Train Dominoes (D)	<b>25</b> 9 am Exercise (H) 10 am Cranium Crunch Pzl (D) 11 am Strengthening (H) 2 pm Bingo (DR) 3:15 pm Happy Hour (L) 6 pm Evening Movie (TH) Spooky Movie!	<b>26</b> 9:30 Coffee & Chat (D)  10:30 am Banana-grams (D) 11 AM Exercise (HH) 2 pm Bingo (DR) 3:30 Wii Bowling (TH)
<b>27</b>  9:45 AM Worship Service (H) Communion 2:25 pm Bronco vs Panthers (TH) 	<b>28</b> 9 am Exercise (H) 10 am Coffee & Prayer (H) 11 am Strengthening (H) 1 pm Theology (H) 1:30 Walmart Shopping <b>2 pm Curious Dragonfly Program - Mystery of UFO's</b> 3:30 Wipeout Card Game (D)	<b>29</b> <b>Nat'l Cat Day</b> 9 am Exercise (H) 9:30 Shopping - Arvada Sq. 11 am Strengthening (H) 2:00 Knit and Crochet (D) <b>3:30 Believe it or Batty Trivia (D)</b>	<b>30</b> <b>Nat'l Candy Corn Day</b> 9 am Exercise (H) 9:30 Shopping - Wads Loop 10 am Communion (H) 10:30 Wii Bowling (FH)  1:15 Watercolor Painting (D) <b>2 pm Mummy Wrapping w/ staff</b> 3:00 PM Crossword Puzzle (D) 6:30 Bingo (DR)	<b>31</b> <b>Happy Halloween</b> 9 am Exercise (H) 10 am Who, What, When? (TH) 11 am Yoga/Stretching (H) 1 pm Bible Study (H) <b>2 pm Halloween Social - 50's Sock Hop - Elvis (DR)</b> <b>4 pm to 6 pm Trick or Treat - all areas</b>	<b>Happy Birthday</b> Frank A October 4th      Makenna O. - Oct 4th Sandy R October 11th      Hailey S - Oct 7th Jerry D October 12th      Doug S - Oct 24th Pat B October 31st      Leanne W. - Oct. 30th Catherine K Oct. 30th 