

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
Independent Activities 1 2 PM Popcorn with Pat (LR)	Ground Hog Day 2 9 am Exercise (H) 11am Strengthening/Weights (H) 2 pm Read Out Loud (H) 3 pm Ground Hog Trivia (H)	3 9 am Exercise (H) 9:30 Shopping- Arvada Sq. 11 am Yoga/Stretching (H) 1:30 Shopping - Five Below 2 pm Sew, Knit & Crochet (D) 2:30 PM Grief - Education by Bloom Healthcare (H)	4 9 am Exercise (H) 10 am Communion (H) 10:30 Worship Service (H) 1:30 Shopping - Wads Loop 3 pm Crossword Puzzle (D) 6:30 PM Bingo with Sue (DR)	5 9 am Exercise (H) 10 am Who, What, Where? (TH) 10:15 Men's Group (FH) 11 am Yoga/Stretching (H) 2 pm Wipe Out Game (D) 3:30 pm Mexican Train Dominoes (D)	6 9 am Dance Exercise (H) 10 am Cranium Crunch Puzzle Handout 11 am Strengthening (H) 2 pm Bingo (DR) 3:15 Happy Hour (L) 6 pm Evening Movie (TH) "A Funny Thing Happened" 12 pm Winter Olympic Open	7 9 am Piano Sing-along (L) 9:30 Coffee & Chat (FH)  11 AM Exercise (H) PM Independent activities
Independent Activities 8 2 PM Popcorn with Pat (LR) 4:30 Super Bowl Sunday Patriots' vs Seahawks Channel 9	Nat'l Pizza Day 9 9 am Exercise (H) 11am Strengthening/Weights (H) 2 pm Read Out Loud (H) 3 pm Activity Planning (D)	10 9 am Exercise (H) 11 am Yoga/Stretching (H) 12:15 Bookmobile (H) 1:30 Shopping -Arvada Sq. 2 pm Decorate Valentine Cupcakes (FH) 3:15 Uno Card Game (D)	11 9 am Exercise (H) 9:30 Shopping Wads Loop 10 am Communion (H) 10:30 Worship Service (H) 1:30 Manicures w/ Leigh (D) 2 pm AL Resident Council (H) 3 pm Guitar with Duncan (L) 6:30 Bingo w/ Juliette (DR)	12 9 am Exercise (H) 10 am Who, What, Where? (TH) 11 am Yoga/Stretching (H) 2 pm Senior Olympic Games (LR) 3:30 Mexican Train Dominoes (D)	13 9 am Exercise (H) 10 am Cranium Crunch Puzzle Handout 11 am Strengthening (H) 2 pm Bingo with Joyce (D) 6 pm Evening Movie (TH) "Queen"	Happy Valentines Day 14 9 am Piano Sing-along (L) 9:30 Coffee & Chat (FH)  11 AM Exercise (H) 11:30 Lunch Outing - Rib City 2 pm Bingo (DR) 3:30 Wii Bowling (FH)
15 Independent Activities 2 PM Popcorn with Pat (LR)	Presidents Day 16 9 am Exercise (H) 11am Strengthening/Weights (H) 2 pm Read Out Loud (H) 3 pm Words with Words - Kayla (D)	17 Mardi Gras 9 am Exercise (H) 11 am Yoga/Stretching (H) 1:30 Shopping -Arvada Sq. 2 pm Mardi Gras Masks 3:30 Mexican Train Dominoes (D) Chinese New Year (Year of the Horse)	18 9 am Exercise (H) 9:30 Shopping Wads Loop 10 am Communion (H) 10:30 Worship Service (H) 1:15 Watercolor Painting (D) 2 pm IL Res. Meeting (H) 3 pm Crossword Puzzle (D) 6:30 PM Bingo with Sue (DR)	19 9 am Exercise (H) 10 am Who, What, Where? (TH) 10:15 Men's Group (FH) 11 am Yoga/Stretching (H) 2 pm Wipe Out Game (D) 3:30 pm Mexican Train Dominoes (D)	20 9 am Dance Exercise (H) 10 am Cranium Crunch Puzzle Handout 11 am Strengthening (H) 2 pm Bingo (DR) 3:15 Happy Hour (L) 6 pm Evening Movie (TH) "The Theory of Everything"	21 9 am Piano Sing-along (L) 9:30 Coffee & Chat (FH)  10:30 Games with Julietten(D) 2 pm Travelogue - Singapore 3:30 Wii Bowling (FH) Happy 35 years Teresa!!!
22 Independent Activities 2 PM Popcorn with Pat (LR)	23 9 am Exercise (H) 11am Strengthening/Weights H) 2 pm Science with Trina (H) Part 2 Skulls 3:30 Mexican Train Dominoes (D)	24 9 am Exercise (H) 9:30 Shopping -Arvada Sq 11 am Yoga/Stretching (H) 12:15 Bookmobile (H) 1:30 Dollar Tree Shopping 1:30 Manicures w/ Leigh (D) 2 pm Happy 35 years Teresa Party (LR)	25 9 am Exercise (H) 9:30 Shopping - Wads Loop 10 am Communion (H) 10:30 Worship Service (H) 1:15 Watercolor Painting (D) 1:30 Mystery Outing ??? 6:30 PM Bingo with Juliette (DR)	Happy 100th - Maria T. 26 9 am Exercise (H) 10 am Who, What, Where? (TH) 11 am Yoga/Stretching (H) 2 pm Wipe Out Game (D) 3:30 pm Mexican Train Dominoes (D)	27 9 am Exercise (H) 10 am Cranium Crunch Puzzle Handout 11 am Strengthening (H) 2 pm Bingo (DR) 3:15 Happy Hour (L) 6 pm Evening Movie (TH) "Lucky Me"	28 9 am Piano Sing-along (L) 9:30 Coffee & Chat (FH)  11 AM Exercise (H) 2 pm Card games (D) 3:30 Wii Bowling (FH)