

| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday  |  |
|--|--|--|--|--|---|---|--|
| <br>7   | <b>Flip a Coin Day</b> 1<br>9 am Exercise (H)<br>11am Strengthening/Weights (H)<br>2 pm Jeopardy (TH)<br>3 pm Banana Grams (D)                       | 2<br>9 am Exercise (H)<br>10 am Bible Study (FH)<br>11 am Yoga/Stretching (H)<br>1:30 Shopping- Arvada Sq.<br>2 pm Sew, Knit & Crochet (H)<br>3 pm Mexican Train Dominoes (D)  | 3<br>9 am Exercise (H)<br>10 am Communion (H)<br>1:15 Watercolor Painting (D)<br>1:30 Shopping - Wads Loop<br>2:30 Tile Painting Craft (D)<br>6:30 PM Bingo with Sue (DR)  | 4<br>9 am Exercise (H)<br>10 am Men's Group (FH)<br>10 am Who, What, Where? (TH)<br>11 am Yoga/Stretching (H)<br>1 pm Project with a Purpose with Heather S (H)<br>2 pm Wipe Out Card Game (D)<br>3:30 pm Mexican Train Dominoes (D) | 5<br><b>Nat'l Donut Day</b><br>9 am Dance Exercise (H)<br>10 am Garden Group<br>11 am Strengthening (H)<br>2 pm Bingo (DR)<br>3:15 Happy Hour (L) | 6<br>9 am Piano Sing-along (L)<br>9:30 Coffee & Chat (FH)<br>11 AM Exercise (H)<br>2 pm Popcorn Party (D)<br>3:30 Wii Bowling (FH)                                    |  |
| 7<br>9:45 AM Chapel Service (H)<br>2 pm Afternoon Movie (TH) "Don't Go Breaking My Heart"  | 8<br>9 am Exercise (H)<br>11am Strengthening/Weights (H)<br>1:30 pm Menu Chat (H)<br><b>3 pm Staying Independent Roulette/Education by Bloom (H)</b> | 9<br>9 am Exercise (H)<br>10 am Bible Study (FH)<br>11 am Yoga/Stretching (H)<br>12:15 Bookmobile (H)<br>1:30 Shopping- Arvada Sq.<br><b>2 pm Bobbie Belle on Keyboard (L)</b><br>3 pm Mexican Train Dominoes (D)                  | 10<br>9 am Exercise (H)<br>9:30 Shopping - Wads Loop<br>10 am Communion (H)<br><b>10:30 AL Resident Council (H)</b><br><b>11:30 to 2 pm Voting (D)</b><br>3 pm Crossword Puzzle (D)<br>6:30 PM Bingo with Juliette (DR)    | <b>Meal of the Month</b> 11<br>9 am Exercise (H)<br>10 am Travelogue - South Pacific (TH)<br>11 am Yoga/Stretching (H)<br>1 pm Prayer Group (H)<br>2 pm Wipe Out Card Game (H)<br>3:30 pm Mexican Train Dominoes (D)                 | 12<br><b>Red Rose Day</b><br>9 am Exercise (H)<br>10 am Garden Group<br>11 am Strengthening (H)<br>2 pm Bingo (DR)<br>3:15 Happy Hour (L)         | 13<br>9 am Piano Sing-along (L)<br>9:30 Coffee & Chat (FH)<br>11 AM Exercise (H)<br>2 pm Card Game (D)<br>3:30 Wii Bowling (FH)                                       |  |
| <b>Flag Day</b> 14<br>9:45 AM Chapel Service (H)<br>2 pm Afternoon Movie (TH) "Love of Course"                                       | <b>PJ Day</b> 15<br>9 am Exercise (H)<br>11am Strengthening/Weights (H)<br>2 pm Guitar with Josh (L)<br>3 pm Snow Cones (L)                          | 16<br>9 am Exercise (H)<br>9:30 Shopping - Arvada Sq.<br>10 am Bible Study (FH)<br>11 am Yoga/Stretching (H)<br>1:30 Dollar Tree Outing<br>2 pm Sew, Knit & Crochet (H)<br>3 pm Scrabble game (D)                                  | 17<br>9 am Exercise (H)<br>9:30 Shopping - Wads Loop<br>10 am Communion (H)<br>1 pm Wind Chimes Craft (D)<br>2 pm IL Resident Meeting (H)<br>3 pm Manicures with Leigh (D)<br>6:30 PM Bingo with Kellie (DR)               | 18<br>9 am Exercise (H)<br>10 am Men's Group (FH)<br>10 am Who, What, Where? (TH)<br><b>11:30 Father's Day BBQ</b><br>1 pm Bible Study (H)<br>2 pm Wipe Out Card Game (D)<br>3:30 pm Mexican Train Dominoes (D)                      | 19<br>9 am Dance Exercise (H)<br>10 am Garden Group<br>11 am Strengthening (H)<br>2 pm Bingo (DR)<br>3:15 Happy Hour (L)                          | 20<br>9 am Piano Sing-along (L)<br>9:30 Coffee & Chat (FH)<br>11 AM Exercise (H)<br>11:30 Lunch Outing - Jim Burger Haven<br>2 pm Bingo (DR)<br>3:30 Wii Bowling (FH) |  |
| <b>Happy Father's Day</b> 21<br><b>First Day of Summer</b><br>9:45 AM Chapel Service (H)<br>2 pm Afternoon Movie (TH) "The Way Home" | 22<br>9 am Exercise (H)<br>11am Strengthening/Weights (H)<br>2 pm Jeopardy (TH)<br>3 pm Learn to play Farkle - Dice Game (D)                         | 23<br>9 am Exercise (H)<br>9:30 Shopping - Arvada Sq.<br>10 am Bible Study (FH)<br>11 am Yoga/Stretching (H)<br>12:15 Bookmobile (H)<br>1:30 Dairy Queen Outing<br>2 pm Sew, Knit & Crochet (H)<br>3 pm Mexican Train Dominoes (D) | 24<br>9 am Exercise (H)<br>9:30 Shopping - Wads Loop<br>10 am Communion (H)<br>1:15 Watercolor Painting (D)<br><b>1:30 Butterfly Pavilion Outing \$\$</b><br>3 pm Crossword Puzzle (D)<br>6:30 PM Bingo with Juliette (DR) | 25<br>9 am Exercise (H)<br>10 am Who, What, Where? (TH)<br>11 am Yoga/Stretching (H)<br>1 pm Time of Remembrance Service (H)<br><b>2 pm Piano with Aaron (L)</b><br>3:30 pm Mexican Train Dominoes (D)                               | 26<br>9 am Exercise (H)<br>10 am Garden Group<br>11 am Strengthening (H)<br>2 pm Bingo (DR)<br>3:15 Happy Hour (L)                                | 27<br>9 am Piano Sing-along (L)<br>9:30 Coffee & Chat (FH)<br>10:30 Games with Juliette (D)<br>2 pm Card Games (D)<br>3:30 Wii Bowling (FH)                           |  |
| 28<br>9:45 AM Chapel Service (H)<br>3 pm Voice and Piano Recital (L)   | 29<br>9 am Exercise (H)<br>11am Strengthening/Weights (H)<br>2 pm Words within Words<br>3 pm Mexican Train Dominoes (D)                              | 30<br>9 am Exercise (H)<br>9:30 Shopping -Arvada<br>10 am Bible Study (FH)<br>11 am Yoga/Stretching (H)<br>2 pm Sew, Knit & Crochet (H)<br>3 pm Manicures with Leigh (D)   | <h1>June 2026</h1>   |  |   |    |  |

\*\*Activities subject to change without notice.