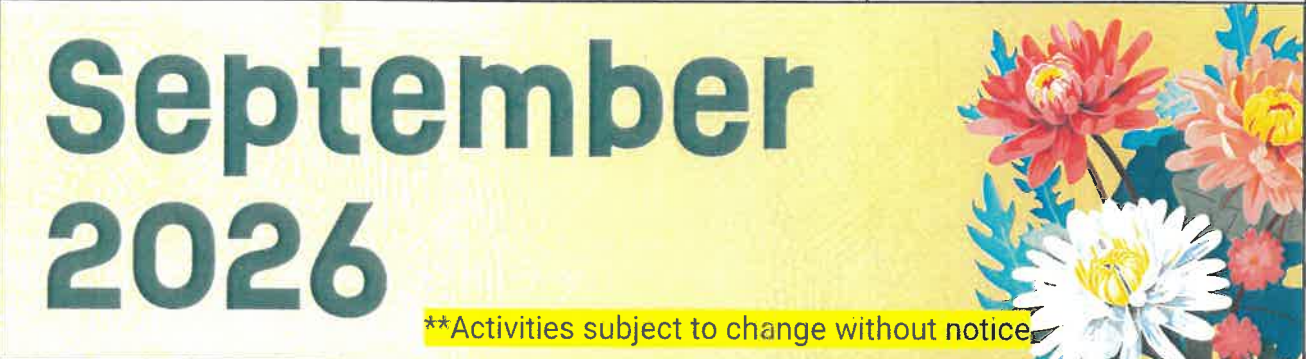


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Happy Birthday Jane H. September 1st Joyce K. September 4th Mary Pat A. September 8th Jayne S. September 9th Nancy I. September 12th		1	2	3	4	5
		9 am Exercise (H) 9:30 Arvada Sq. Shopping 10 am Bible Study (FH) 11 am Yoga/Stretching (H) 2 pm Sew, Knit & Crochet (H) 3 pm Pictionary (TH)	9 am Exercise (H) 9:30 Shopping - Wads Loop 10 am Communion (H) 1:30 pm Watercolor (D) 3pm Crossword Puzzle (D)	9 am Exercise (H) 10 am Who, What, Where? (TH) 11 am Yoga/Stretching (H) 2 pm Wipe Out (D) 3:15 Butterfly Painting (D) (Part 1)	9 am Dance Exercise (H) 10 am Garden Group 10 am Men's Group (FH) 11:30 AM Best of the Best BBQ -Front Patio 2 pm Bingo (DR)	9 am Coffee & Chat (FH) 10 am Piano Sing-along (L) 11 AM Exercise (H) 2 pm Hummingbird Craft (D) 3 pm Celebrity Match Game:73 (D)
	6	7	8	9	10	11
	9:45 AM Chapel Service (H) 2 pm Afternoon Movie (TH) "Sound of Music"	9 am Exercise (H) 11am Strengthening/Weights (H) 1 pm Chapel Reprise (H) 2:30 Popcorn social (LR)	9 am Exercise (H) 9:30 Arvada Sq. Shopping 10 am Bible Study (FH) 11 am Yoga/Stretching (H) 2 pm Roulette with Mary (H) 3 pm Words within Words (D)	9 am Exercise (H) 9:30 Shopping- Wads Loop 10 am Communion (H) 10:30 AL Resident Meeting (H) 1 pm Decorate Cupcakes (D) 2:30 50's Social (LR) 6:30 PM Bingo with Austin/Martie (DR)	9 am Exercise (H) 10 am Who, What, Where? (TH) 11 am Yoga/Stretching (H) 2 pm Music w/ Harry O (L) 3 pm Butterfly painting (D) (Part 2)	9 am Exercise (H) 10 am Garden Group 11 am Strengthening (H) 2 pm Bingo (DR) 3:15 Happy Hour (L) Rosh Hashanah Begins
						12
Grandparents Day 13	Sports Day 14	PJ Day 15	Beach Day 16	Western Day 17	Generation Swap Day 18	Oktoberfest begins 19
9:45 AM Chapel Service (H) 2 pm Afternoon Movie (TH) "Sister of the Bride" National Assisted Living Week 13th-19th	9 am Exercise (H) 11am Strengthening (H) 1 pm Chapel Reprise (H) 1:30 Dollar Tree Shopping 2 pm Science with Trina Tornadoes (H) 3 pm Root Beer floats by Luminos Hospice (L) 6:15 Broncos Vs Chiefs- Chan 7	9 am Exercise (H) 10 am Bible Study (FH) 11 am Yoga/Stretching (H) 1:30 Arvada Sq. Shopping 2 pm Spa afternoon - Facials & Hand massages (D) relaxing snacks afterwards	9 am Exercise (H) 9:30 Shopping- Wads Loop 10 am Communion (H) 2 pm to 3:30 pm Dirty Soda Bar and Nerf Gallery by Elevation Hospice (L) 6:30 PM Bingo with Tredena	9 am Exercise (H) 10 am Who, What, Where? (TH) 10 am Men's Group (FH) 11 am Yoga/Stretching (H) 2:30 Axe Throwing and Balloon Pop games (L)	9 am Dance Exercise (H) 10 am Cranium Crunch handout 11 am Strengthening (H) 2 pm Snazzy Bingo (DR) 3:15 Happy Hour (L)	9 am Coffee & Chat (FH) 10 am Piano Sing-along (L) 11 AM Exercise (H) 11:30 Lunch Outing- Pier 8 2 pm Oktoberfest History (D) 3pm German Jeopardy (D)
20	21	22	23	24	25	26
9:45 AM Chapel Service (H) 2:05 Bronco's Vs Jacksonville Channel 4 Yom Kippur Begins	9 am Exercise (H) 11am Strengthening/Weights (H) 1 pm Chapel Reprise (H) 2 pm Piano with Larry O. 3 pm Mexican Train Dominoes (D)	9 am Exercise (H) 9:30 Arvada Sq. Shopping 10 am Bible Study (FH) 11 am Yoga/Stretching (H) 1:30 Yogurt Land Outing 2 pm Sew, Knit & Crochet (H) 3 pm Pictionary (TH)	9 am Exercise (H) 9:30 Shopping-Wads Loop 10 am Communion (H) 1:30 Shopping - Wads Loop 1:30 Watercolor painting (D) 3pm Eye Care Presentation (H) 6:30 PM Bingo with Kayla (DR)	9 am Exercise (H) 10 am Travelogue - Montreal(TH) 11 am Yoga/Stretching (H) 2:30 Autumn Tea Party (DR) 3:30 Mexican Train Dominoes	9 am Exercise (H) 10 am Cranium Crunch handout 11 am Strengthening (H) 2 pm Bingo (DR) 3:15 Happy Hour (L) Sukkot Begins	9 am Coffee & Chat (FH) 10 am Piano Sing-along (L) 11 AM Exercise (H) 2 pm Hangman Game (D) 3pm Wipe Out (D)
27	28	29	30	 September 2026 **Activities subject to change without notice		
9:45 AM Chapel Service (H) 2 pm Afternoon Movie (TH) "The Music Man" 6:20 Broncos Vs LA Rams Channel 9	9 am Exercise (H) 11am Strengthening/Weights (H) 1 pm Chapel Reprise (H) 2 pm Craft group - Your Choice (D) 3 pm Manicures with Leigh (D)	9 am Exercise (H) 9:30 Arvada Sq. Shopping 10 am Bible Study (FH) 11 am Yoga/Stretching (H) 2 pm Sew, Knit & Crochet (H) 3 pm Words within Words (D)	9 am Exercise (H) 9:30 Shopping- Wads Loop 10 am Communion (H) 1:30 Fall Scenic Drive 3pm Crossword Puzzle Handout (D)			